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(en) Gincana Monstra: Opening the code

With the arrival of the COVID-19 pandemic, we were faced with a huge challenge: how to continue carrying out our activities without being able to count on two of its most important elements, the gathering, the physical presence? Plans had to be quickly redone to promote an online learning process in a moment of so many urgencies, moreover, that would not overload Brazilian feminists even more. From this we created the Gincana Monstra! Inspired by the Gincanas, a common game in Brazil, with a lot of joy and collective work, our intention here is to exchange competition for collaboration, in and creative journey. The Gincana is now consolidated as a methodology that we refer to as infrastructures of affection, and it is the materialization of the Transfeminist Network of Digital Care work. This is, mainly, the fruit of our dedication to the field of integral care in the construction of greater protection and freedom for women activists, LGBTQI+ people, and rights defenders.

- Introduction and learning goals
  - Introduction
  - Learning goals
- Laying the foundations
  - Building the cosmovision
  - Dreaming the Gincana
  - Establishing the format of the Gincana

    - Defining, inviting and mobilizing participants
    - Gathering precious information
    - Tool kit
    - A little gift

- Fertilizing the soil
    - Narrative thread
    - Macro and micro themes script
    - Resources

- Sowing and seeding
    - Structure
    - Main activities [script]
    - In-depth or hands-on sessions [script]
    - On-call sessions
    - Aláfias [script]
    - Collective care and self-care activities [script]
    - Reminder

- Reaping the harvest and the opening paths
    - Prizes
    - Maintaining communication spaces and keeping the network alive

Introduction and learning goals

Welcome to Gincana Monstra!

Introduction

In this module we will present a step-by-step approach to creating a Gincana, so that it can be reappropriated, remixed and adapted as open source code. We do not intend to present a closed recipe, but rather to bring a guide of possibilities, sharing our methodology for the realization of the Gincana Monstra, which was an online learning process aimed at defenders with an interest in multiplying this knowledge within their collectives and communities.

The participants had diverse profiles in age, contexts, intersectionalities, and territories where they are inserted. It has as its base and starting point the infrastructures of affection: the construction of feminist solidarity networks, the autonomy of the participants, the joy, the flexibility and the individual and collective anti-capitalist care.

The term "Gincana", here, recalls the idea of a journey to be taken, with different stages through which the participants walk together, abandoning the idea of competition and evoking collaboration. With synchronous and asynchronous activities, which can range from conversation rounds to practical activities with digital tools, including spaces for creativity and collective creation, to the end of the Gincana Monstra, where all the participants are "winners".

This methodology was elaborated so that the themes approached and the proposed sessions and activities can be organized according to the resources available, be it time, availability of the participants, or financial resources. This way, the facilitators can create a thread, or narrative thread, with themes and sessions that, at the end of the course, lead to an accumulation of learning capable of expanding the participants' safety and care strategies. Also central to this is the availability of all the material used for the Gincana itself and its methodologies, with the goal that the participants can appropriate these materials and also facilitate and pass on this knowledge. The intention is that the participants will also be trained as facilitators on the subject.

Throughout the process, new digital tools made by activists for activists are used and presented, which allow the organization and realization of the Gincana Monstra, and which can be adopted by the participants and their groups as safe tools for collective organization. Some examples of these tools are: instant messengers, file storage and sharing, videoconferencing, collaborative document

editing; among many others. The focus is not on using the tools, but on adopting them as part of the process, always respecting the participants' wishes, abilities, time, and contexts. Thus, by the end of the journey, the participants will be familiar with digital technologies, either through the discussions, or by practicing the use of the tools throughout the process. The idea is that while they are learning to use new tools, these will be understood as an important part of the construction and maintenance of their networks of affection, in the maintenance of their struggles and activism, and therefore can be important allies.

The entire methodology believes in horizontality as the basis for learning, and is inspired by Popular Education, collaboration, respect for affective and gender diversity, cultures, ages, and different access, literacy, and contacts with technology.

Learning goals

The methodology of the Gincana Monstra was designed to be a process of strengthening networks, which welcomes and includes the participants, respecting the knowledge, experiences and repertoires they bring with them, based on the assumption that all people already have a knowledge in relation to ancestral and traditional technology. The idea is to encourage the participants to recognize themselves as holders and producers of knowledge of technologies, from ancestral to digital.
Through the meetings, discussions, proposed activities, practices, and support materials, this methodology allows the participants to reflect about individual and collective, anti-capitalist care, and to have contact with tools and practices that will help them in their daily activities so that they can be safer and more protected when using digital technologies. At the end of this module, it is expected that participants

- Get all the information needed to adapt and organise your own version of online Gincana.
- Be aware of all the important steps and minimum resources, to run a Gincana.
- Apply concepts and practices of anti-capitalist self-care and collective care, in learning processes;
- Leave motivated and inspired to multiply the knowledge acquired in their community and activist circles;
- Have a deep reflection on the political role in the use of technology.
- Feel challenged in the construction of learning processes in digital care from a feminist and decolonising approach. The proposal is to present a methodology that allows for the inclusion of different themes to be treated according to the needs, desires, demands, and contexts of the group of participants.

This module includes:

Preparation activities

Guidance and suggestions on how to take the first steps in building and planning a Monster Gincana. It works on the importance of cosmovision, how to make the first approaches, previous

information about participants and how to maintain engagement before and during the course.

Learning paths

Addresses the construction of a central trail where the Macro Themes and contents are connected and build a narrative and learning path.

Learning activities

Which deals with the formats of activities, synchronous and asynchronous, in-depth activities or practices to explore concepts and tools related to care, building bridges between feminist care and digital security. It also suggests scripts for conducting the activities.

Post production

Provides suggestions for facilitators on how to keep the network active.

Who Gincana Monstra is for?

For every activist or organisation that wants to organise learning processes in digital care. The information in this module is useful for both online and live activities.

Number of participants

We suggest 8 to 25 people.

Estimated time for the Gincana

01 to 12 months.

Resources

About resources

Laying the foundations

Preparation activities. Before starting to choose the topics to be addressed along the journey, or building up sessions, we suggest that the facilitators who are building their Gincana Monstra first think about the cosmovision of it. The idea at this point is to think about the universe that will be created for this journey, what inspires and what guides all actions. *We are considering that the construction and preparation activities of the Gincana Monstra will be carried out by a group that can meet in person, if this is not possible, all these activities can be adapted to the online format.

Building the cosmovision

What is cosmovision?

What do we feel when we see a flock of birds? What is our first thought when we notice that a child has suffered a fall? What do we reflect upon when observing a sunset? To the ideas, sensations, beliefs, and values that permeate our being and feeling of the world, we call it Cosmovision. This perception is connected to the understanding and interpretation of an I, as an individual and collective subject. It encompasses the set of values, ideas, and practical options by which a person or a collective affirms itself. Quite often these are not even fully known to us. It has to do with the place where one lives, one's culture, the notion of time one lives at, emotions, and also notions of ethics and morals. In practice, cosmovision helps us to interpret the world we live in and relate to.

First step [activity]

The cosmovision is linked to the understanding and interpretation of a self, an individual or a collective subject. It encompasses the set of values, ideas, and practical options by which a person or a collectivity affirms itself. Many times this happens in an unconscious way, but here we invite to a conscious reflection on these issues. All this often starts from the place where one lives or wants to live, from a culture, from the time in which one is inserted, from emotions, and also from ethical and moral notions. In practice, cosmovision helps to interpret the world we live in and how we relate to it. So this first step is an invitation to create and prepare a universe, a world and its cosmovision, to which you will invite the participants to inhabit it. It is like preparing the ground, fertilizing and watering the soil, so that the seeds can be sown and thus germinate healthy and strong.

At this stage, the facilitators can count, if possible, with the help of different resources such as inspiring materials, artistic, political, cultural references, etc. If there is this option, think about the possibility of counting on the work of a visual artist or a designer who can also help in the construction of the visual identity of your Monster Gincana, but this is a suggestion. The important thing here is bringing and activating creativity to summon all the elements that will compose the universe of your Monster Gincana from now on.

Who is this activity for?

For the people who will facilitate the Gincana learning.

Estimated time

6h (+ rest breaks).

Resources

- Supplies: card stock, miscellaneous art expression materials, craft paper, a notebook, pencils, markers, pens, and so forth.
- Equipment and infrastructure: panels (to stick the cards), projector, tables and chairs for group formation, etc.

Shappening the cosmovision for your Gincana Monstra [activity]

This script was developed for a meeting of 6 facilitators who were creating a Digital Care Gincana project. The construction of the Cosmovision took place in 1 day of in-person activity, in a meeting that lasted 5 days.
There are several possibilities for the construction of a cosmovision for a Gincana, our suggestion is that, if possible, it should be done with the whole group that will compose/construct the learning

process. This way, not only a common language will be built among everyone, but also a dream to be shared.
The important thing for this activity is to create a trustful environment that invites imagination and creativity, a brainstorm without judgments, where everything is possible, so that ideas can flow, being registered and organized, until the collective unconscious guides everyone towards an intention/image/idea that embraces the group's wishes.
This activity can be as simple as calling an artist you admire and doing a guided chat with a predefined script of questions, or as playful as the script presented below.

Who is this activity for?

For all the people who are/will be building the Gincana.

Number of participants

We suggest 4 to 12 people.

Time estimate

May take place during the entire meeting, but a minimum of 6h recommended.

Format

In-person.

Resources

Any possible art and writing resource for self-expression: large table or area on the floor covered with cratf paper.

Extra: Documentation, inspiring references and staff

Documentation

a. The documentation of the meeting that gave life to the idea of a digital care Gincana took 5 days and was registered in a big timeline made with card stocks on the wall of a meeting place. This timeline has been visually organized, photographed, printed, clipped and assembled together with other topics that traversed the meeting (such as recipes, references...). Also, it was compiled into a big zine, which ended up being a creative design/concept note that helped us to get support and funding for the activity.

Besides the digital camera used to photograph the sketchbooks and the timeline that eventually was turned into a zine, we also had an instax camera to photograph ourselves and some particulars throughout the activities.

b. All the participants received an individual sketchbook to make drawings and notes of the several activities during the meeting. The documentation was shared in the form of photographs, which were printed along the activity and pasted on the wall with the other documentations.

c. All the sessions had people responsible for documenting both the practical and the subtle aspects, always visually organized on the timeline that would serve as a support for the next activity.

Inspiring references

At the lounge used to welcome people and occasional chill-out moments, we played inspiring videos from camps, Gincanas, meetings and festivals.

Ex:

- **Green Earth Awakening is a Buddhafield project:**

https://www.youtube.com/watch?time_continue=17&v=MiVnH01GrwI

- **"One Great Forest: No gods No masters Festival 2018":**

https://vimeo.com/274661437

- **CCC Camp 2019:**

https://www.youtube.com/watch?v=o0dpe4oPvH8

Staff

All the activities of catering, organization, facilitation and cleaning during the activity was done together by our team as a way to exercise partnerships, division of labor and also to get to know each other a little better.

Dreaming the Gincana

Detailed script to sessions.

Session 1: Arrival mystique [20 minutes]

Objective

To relax and create affective bonds.

Supplies

Chime and natural aromatherapy spray

How

In pairs (preferably gathering people who have less acquaintance in the group). People introduce themselves to each other starting with the teasing question:

"Who are you beyond your job and activism?"

Each person will have 5 minutes to introduce themselves. We chime the bell after 5min and after 10min, in order to indicate the time. The group return to the main circle and each person introduces their partner to everyone else in the circle.

Session 2: Image & Energy [60 minutes]

Goal

Build the Cosmovision/Pedagogical concept and the kind of energy we want for the Gincana.

Supplies

- Drawing notebooks
- Flipchart paper
- Pens
- Marker pens
- Crayons
- Glitter
- Glue
- Card stocks
- Scissors

A. Character building [10 minutes]

How

Individually, each person imagines/describes/draws a character they would like to assume/become during the Gincana. Encouraging questions:

- What does your appearance look like?
- How do you communicate?
- Which of the senses are you most refined?
- Do you have a gender? If so, how do you experience it?
- What motivates you?

- What things do you like best in the universe?
- What do you dislike?
- What do you like best about yourself?

B. Community building [30 minutes]

How

In groups, each person presents their monster/character and they will think together about the community their group of monsters can be found. Guiding questions:

- What are your values?
- What unites you?
- How do you take care of each other?
- What is your world like? What is it called?
- What things do you celebrate, and how do you celebrate them?
- What is the main force or problem that your community is fighting against or struggling with?
- What do you want to cherish or stand for in your community?

Have card stocks and markers available and some space at the ground in the center. As the groups introduce themselves, everyone can write down key ideas on the card stocks and place them on the floor. Everyone is invited to interact by adding, joining, and bringing ideas together as the conversation goes on. Collectively, each group introduces its community and we try to find common points. The key ideas are written down and arranged in the center, but without the obligation to reach a consensus. From this assembly it will be possible to have an image and a collective vibe for the Gincana.

We make rounds for each person to present their impressions and we try to capture/document them on cards:

- What the participants are like;
- What our motivations are;
- What senses and sensations are present (colors, tastes, emotions, feelings, sounds, ...);
- What are the shared values;

- What problems we face or emerge from;
- What unites us
- What we celebrate;
- How we take care of each other;
- Names, keywords and tags;

Break [lunch]

Session 3: What's in our Gincana? [60 minutes]

Goal

Bring out the wishes and desires and materialize the Gincana.

How

Materialize physically our wishes for the Gincana, building a collective sculpture!

Supplies

- 3 kg of clay
- Cardboard
- Popsicle sticks
- Colored papers
- Colored yarn
- Markers
- Pens
- Magazines

- Colored papers

A. Personal reflection [30 minutes]

It is necessary to build an environment of non-judgment and collaboration. The intention should not be one of artistic dispute (since aesthetic construction is not the intention) but rather an opportunity to reflect and express our deepest desires and wisdoms when we think about collective learning processes.
Let's give time for each one to do personal reflection and, individually, each person will build their Gincana sculpture with the materials provided.Some trigger questions:

- What would the Gincana of your dreams look like?
- What does it have?
- What are the meanings and feelings?

There is no rule for the sculpture. It can be a figure, a concrete camp, a picture, a combination of colors and lines, it can be poetry... No rules, it is your time for reflection. Let's explore the images that emerge from our conscious and unconscious throughout the process.

B. Sharing and reconstructing [30 minutes]

In the group, we will share our sculptures, introducing our ideas and reflections while making the sculptures. After everyone has presented their works, we will set up a place where we will do the collective construction of our Gincana. We now invite everyone, in an interactive way, to insert their works in the place. You can already interact with each other's works. Let's explore the entire space. The positions, colors and shapes communicate with each other, and we want to learn from this as well. This space will remain assembled throughout all the days of the activity, and we can review, move, remove, and add whatever we want to this collective sculpture. In this process of reconstruction, if necessary, remember that letting go of some ideas can help make room for the new. "On organizing myself I can disorganize. On my disorganizing I may organize myself." Chico Science, "Da Lama ao Caos"

Notes

- This sculpture is not meant to literally materialize into what the Gincana will be, but it serves to share intentions.
- At the end of the 5-day meeting, we had a last visit to our collective sculpture, we took a photo to enter the documentation, and everyone walked around looking carefully at the details of the collective sculpture. Then we all went on a brief round of comments to get the key points documented.

Session 4: A macro intent of the Gincana [25 minutes]

Goal

To find a common thread and intention for the Gincana.

Supplies

Flipchart paper or craft paper Pens Markers pens Tape A4 sheet

How

Construct the collective sentence: our intention with the Gincana is...?
Each person thinks of and writes a sentence that translates the intention of the Gincana, and writes it large on an A4 sheet of paper. After 5 minutes, each person reads a sentence, and one of them is chosen by everyone by consent, just to start the activity.
This sentence is written very large on a FlipChart sheet. A time is stipulated where everyone can interfere with the sentence, either by writing it, reframing it, changing it back, scribbling on the paper, the only rule is that there can be no verbal communication between participants during this time. People read and interact within the allotted time, and once the time is up, the sentence is no longer moved. And we have built the collective intention for the Gincana.

Session 5: Closing - from back to front [15 minutes]

Objective

Provide closure to the day's activities and, through the memory exercise, share and validate the learnings of the day. It is usually fun and helps to end with high energy. How: everyone will help narrate the day backwards, bringing the learnings and what was vivid from all the activities.

Session 6: Check out [15 minutes]

Objective

Check how everyone is finishing the day and how was the energy of the workshop. How: Using a mime game, in which you receive a small imaginary ball, and then you mold it so that it has the shape of how you are feeling (without ceasing to be a small ball). After a while, you pass it forward! The facilitator gives an initial example.

"Do you see this little ball here? It expresses how the day went and how I'm feeling."

They can make a gesture of a little ball that bounces all by itself, all happy. Or a heavy little ball that is hard to roll, indicating tiredness.

Establishing the format of the Gincana

Introduction

This activity can be carried out in the same meeting, together with the activities of Constructing the Cosmovision so that, upon contacting the participants, all this information can already be offered, clearing up any doubts that may initially arise. The objective of this activity is to collectively build a format for the Gincana, thinking about the different aspects that constitute it, including collective care and self-care, in a way that goes through the whole Gincana. In this activity, we want to come out with decisions about:

- Duration time
- Dedication expected from the participants
- How the teams will be structured
- The activities will be synchronous or asynchronous
- There will be moments of extra dedication in the workshops
- Will they have to deliver something?
- If we will have mentoring or accompaniment.

Who is this activity for?

All the people who are/will be building the Gincana.

Number of participants

We suggest 4 to 12 people.

Estimated time

1h.

Format

In-person or online.

Supplies

- Card stocks
- Afree wall or flipchart
- Appropriate place to divide and work in groups
- Pens
- Marker pens

How

Based on their previous experiences as participants and organizers of both activities and events, and also by using their imagination of what the Gincana could look like, they will discuss and write down ideas for the format of the whole Gincana

Detailed script

Session 1 - Learning from memories [30 minutes]

In groups, we share the experiences we had in learning processes, what was cool and what wasn't as regards the format of the activity, infrastructure, conviviality, tools, duration, activities, care proposals... In short, everything that can outline the activity we are building. All ideas should be noted down on a flipchart. Some guiding questions:

- Of all the events and processes you've attended, do any have a format that you find inspiring? What did you enjoy and why?
- How do we want to welcome people? What creates an environment that invites learning?
- Is it a single process, in which the group moves together, or an autonomist process, split into tracks? Why?
- Will the activities be organized by us or will we open it up for participants to propose activities?
- To have a honest conversation about real time dedication of activists for the activities, duration, amount of content and financial resources available for the learning process of the Gincana, in order to make realistic decisions.
- What materials, infrastructure and tools can help with the process?

REMINDER! Create your own list of provocative questions according to your given reality.

"Form" can be defined as the part of any phenomenon that has the function of motivating meaning in the mind of an interpreter. This sense motivation is as a rule empirical in nature, which makes the notion of "form" often associated with the materiality of perceptible phenomena.

Session 2 - Sharing and organizing [30 minutes]

Now, everyone in the bigger circle shares their ideas and conversations. Every new idea is written down by one person on a different card that is stuck on the wall by other people, organizing the ideas by proximity and affinity.
The conversation is concluded by talking about the points of disagreement, in order to arrive at a possible place to be realized. However, not everything necessarily has to come out of this meeting aligned; some points can mature over the course of the next team meetings.

Now it is time to send out the invitations and mobilize participants.

Defining, inviting and mobilizing participants

After building the cosmovision of your Monster Gincana, it is time to think about the participants.

Introduction

After building the Cosmovision of your Monster Gincana, it is time to think about the participants. Who are these participants? How to make the invitations? If there is already a group of participants defined and interested in the process, you can skip to the " Gathering Precious Information" session. Otherwise you have to start thinking about invitations.
For us, it was easier to establish some criteria for building the list of invitees. From our analysis of the context of the digital care field in Brazil, we established some criteria, such as territoriality, inviting activists and collectives outside the Southern part of the country, priority for black, quilombola and indigenous women, transgender and non-binary people, and age diversity. This is a list of criteria that can guide this discussion:

- Territory
- Gender
- Race
- Dialogue with the organization's work
- Field of action
- Willingness to approach the organization
- Have you ever asked for any help?
- Situation of vulnerability and risk
- Needs
- Social and economic profile

We also established the number of openings according to the human and financial resources we had available. From there, we closed the list of people and organizations to be invited.
We made a first list with few names beyond the limit, to make a first call, and, if necessary, a second call for participants, so as not to generate expectations and, due to excessive registrations, we would have to deny someone's participation.
So, in this case, it was not necessary for us to establish a list of selection criteria, but it may be necessary depending on how you choose to open or advertise the applications.
In the case of our Gincana, we did not make any public announcements or disclosures. In our analysis, it would not be necessary and would not bring gains.
It is also important at this moment to think about how the format of the Gincana will be, how long it will last, if people will sign up in teams and how big they will be, the expected dedication time, if there will be support to buy prepaid mobile internet, see below so as not to leave out any important information when making the invitation.

It is based on this information that people will be able to decide if they want to participate and if they have the necessary availability.
Now it is time to invite! You can send the invitations via email, or start a closer contact with each participant. The invitations can be made to the group or collective, which can indicate several members or just one. The intention of the organizer has to be explicit so as not to generate doubts.
Another option is to make invitations directly to activists, and if they are unable to participate, the next one on the list is invited. With the list of participants in hand, and the Cosmovision built, we wrote the code of conduct and the invitation email, which we share below:

Code of Conduct

The code of conduct is an instrument for the creation of safe spaces that celebrate diversity and that lead us to paths and resources to report any situations causing discomfort, violence, or disrespect.
Below is our code of conduct, which can serve as a model for the development of new codes, according to each context, experience, and desires.

Code of Conduct.png



Invitation email (must-have information)

In this email, it is important to use direct and precise communication, also maintaining discretion so as not to expose the other participants or make the process vulnerable. It is also important not to leave out affection, since this influences the moment we decide to participate or not in an activity.

The e-mail must contain important information that has been previously thought out by the Gincana's organization:

- the format of participation
- whether in teams or individually
- the format of the activities, whether synchronous or asynchronous
- whether there will be activities to be developed between meetings
- a description of the proposal and objectives
- the expected time commitment, whether some kind of prior knowledge or skill is required
- adherence to the code of conduct. Below

As an example, see next, an invitation e-mail that we prepared for the Monster Gincana:

Dear Ones (or activist or invited collective/group).
How are you?

The scenario has been delicate, so, before anything else, we wish you and your entire network of affection to be safe, in good physical and mental health (as much as possible) and on the way to vaccination. :)

We are the Transfeminist Digital Care Network and who writes is the [we identified ourselves to bond from the beginning].

The Network was born in 2018, in the face of drastic changes in the national political landscape. It was the response of an articulation of digital security trainers who work in the field autonomously or as members of different collectives or organizations (Coding Rights, Marialab/Vedetas and Cl4ndestina) to respond to an increasing demand for information on how to better protect oneself in the use of technologies for activism. Since then we have done a series of workshops and awareness activities on digital care issues in various regions of the country.

We believe it is a moment to expand this network. Our contact is to tell you, and at the same time invite your group to form a team between 3 and 5 people, to sign up and participate in the Gincana Monstra!

There we go: the Gincana Monstra is a process of building networks, sharing and learning that is being thought in a format of online Gincana. First, to get to know each other and be together in support networks, since we will be trans and cis women, transvestites, non-binary people and trans men from various locations in Brazil. We will also be sharing and building knowledge from our communities through learning processes and strengthening our actions in collectivity.

And like every Gincana, we will also have tasks, challenges, awards, and lots of fun! Everything will be done in a way that contemplates as much as possible the realities regarding availability, connection, skills, etc.

Monstrxsses: That' s how you want us to be? That is what we will become!

Being a monster is not being human, or being almost human, but not being normal. And what is normality for the dimension of women, trans* and non-binary people that we are?

Indigenous and black women are dehumanized, trans* and transvestite people are dehumanized, lesbian and bisexual women are dehumanized, non-binary people are dehumanized, non-standard

bodies are dehumanized, and depending on the territory where this subject comes from, they are even more disregarded.

Monstrxsses are pointed out as bestial and demonic creatures, but for us it is to break with the rules that gag our freedoms of being. Monstrxsses hurt imposed structures because as such "monsters" are denied affection, safe spaces, secrets, and opportunities, they build their own structures of affection and safety.

As a way to face the labels we are given, we then assume ourselves as monstrxsses. Who says we want to be just a version of ourselves? We are the creatures that transfigure and assume their various possibilities. We bring the idea of being monsters from ancestral cosmovisions that we are people who transmute, we allow our various possibilities to exist from our bodies, from our senses, from the various ways we face the systems that dehumanize and mutilate LBTQI+ women and people. To be a monstrxsses is to create pathways, to look to the future from the now, to be wind, water, fire, and earth. And as much as the bestiality they attribute to us is our freedom: let's be monstrxss, monstresses, and monsters!

Being monstrxsses in the digital world is another great challenge, we face surveillance, controls, precariousness, boycotts, binaries. The secrets of these new technologies are restricted to white, Western men, who feed the capitalist infrastructures by curtailing our humanities and our freedoms. Thus, we want to meet with the many other monstrxsses who also challenge these logics and experience together our possibilities of being, doing, creating, and transforming. Our infrastructure is affection, and we understand affection as technology, resistance, and creation.

This is our invitation: to realize together the Gincana Monstra. A space to work on our difficulties, to take care of ourselves and each other <3.

Who's welcome: Monstrxsses activists! Cis, trans and transvestite women, trans men and non-binary people.

How does it work : It's almost the same as a non-monster Gincana. Each collective, group or movement registers a team of 3 to 5 people (cis women, trans* people and non-binary people), in the registration form we ask you to answer all the information requested to make it easier to organize the dynamics and also to get to know each participant. The forms will be analyzed and it is our mission to gather monstrxsses who have diverse experiences, we are not concerned with

how well you understand how the internet works, if your skills are more basic, tell us about it; if your internet access is bad, we are also interested in knowing. The important thing is that you like technology and want to deepen your knowledge on the subject to become a monstrxss spreading good digital practices in order to strengthen your activism and that of the monstrxss groups in your heart ;)

Registration is free and can be done in this form: [provide link to a secure form]

The final result of the selected teams will be released by [fill in date - remember to leave a few days off in case you need to extend], by the emails registered on each team's registration form.

Giveaways: At the end we will have the delivery of prizes worth [total amount reverted to purchase of equipment], in equipment specially prepared by us to strengthen your collective political actions with safety.

Our calendar :
Announcement: from [date]
Registration period: [date]
Results out: from [date]
Duration of the Gincana - [date] [duration]

Some tips : Encourage mixed teams, with people from different fields, technology, communication, arts, etc.

Provide participation of cis women, transgender and non-binary people with different internet access (bandwidth, time and device limitations).

You can put together your team with people and organizations that were not invited, but we ask you not to make public this invitation.

The prize will be a kit with different equipment to strengthen collective action and learning processes in integral care. When assembling the team take this into consideration, being in the same territory or being part of the same collective can facilitate the use of these, but this decision is up to you ;)

Some information : Scheme will be deconference. All activities can be done synchronously or asynchronously, in order to guarantee the participation of those who have limited internet access

and other difficulties and/or time constraints.

Important : We believe that 5 hours of dedication per week is necessary for each person in each team, but the teams will have the autonomy to organize their time between individual and collective activities.

We will have help with prepaid mobile internet for participants who need it during the event. We ask that you indicate this need at the time of registration for our organization.

The prizes will be sent to a single address indicated by the teams in the registration form. Registration closes on _____, so use this time to form your team! And let's dive into this Monster Gincana!

Oh! and just one last thing, it is very important for us that you signal your participation even before you sign up, so if you received this mail and want to sign up, answer us with a "Yes, I'm putting the team together and we will sign up" or a "I received this mail but I'm not interested in participating". This will help us manage the vacancies and extend the invitations.

Any questions or suggestions please contact us at [e-mail] \o/

What if the participants don't sign up?

We had this experience at first and went to talk to them. What we heard most was that they were extremely happy and excited about the invitation, but they didn't think they could handle it, and as feminists are extremely committed, they preferred not to sign up.

With this challenge in our hands, we extended the deadline for registration, opened a date to do a round of questions and also contacted them individually to say that we were thinking about the overload of feminists and that it would not be necessary to dedicate more time than we had communicated in the invitation e-mail. The result of this action was that we had a great presence at the session and a massive adhesion right afterwards.

Gathering precious information

Invitations accepted, it's time to gather precious information!

Introduction

After elaborating the Cosmovision, and still on preparing the terrain, it is very important that the people who will inhabit this universe are heard. Here it is fundamental to think about strategies to gather information about the participants.

Some of this information can be:

- languages spoken
- territories where they live/act
- time zone where they will be during the Gincana
- gender of the participants
- digital technologies available and which ones they are more familiar with
- internet access during the Gincana
- what is their availability to participate
- themes of interest, political and cultural contexts
- risks and violence they might be facing
- among many other information!

This information is very valuable for the facilitators, because it will guide the next steps, such as the choice of tools and infrastructure that will be used for the activities, the sharing of materials, communications, etc.
Only with this information in hand will the facilitators be able to think of which communication channels, for example, they can use with the group at a first moment, for example, if they all use

WhatsApp, this can be the first place to gather all the participants and as the process goes on and the participants have interest and conditions this group can migrate to Signal. This information will also indicate the level of security necessary for the management of the information exchanged throughout the process and how the group of facilitators will seek solutions for this.

This information will also indicate which resources may be needed such as translation of materials or simultaneous translation in the meetings, accessibility resources for participants who may have some physical disability, graphic facilitation, guest participation, etc.
It is important to reinforce that everything will depend on the characteristics of the group of participants and the resources that the facilitators have access to, for example if the facilitators have access to a Nextcloud that can be shared with the participants, or if there is a financial resource that can enable a data package for participants who have limited internet access.

With creativity and collaboration, all challenges can be faced and overcome, always remembering to respect the limits of those involved. For this information gathering, we suggest that the facilitators send the participants a form with all the questions well prepared so that the participants can answer and send in their answers. The facilitators can also use interviews with each participant, following a predefined script, so that the information can be the same for all the participants.

Form Template

Tailor it to your needs, resources, and reality:

This questionnaire aims to help us get to know the participants better, their cultures, particularities, and also the digital infrastructure they have available to participate in the activities.

Answer the questions that you feel comfortable with; only the questions with * are required.

Take about 40 minutes to answer the questionnaire. You can save it and answer it calmly. The questionnaire will be available until May 9th at 23:55 UTC+00. Don't leave it for the last minute.

Any questions regarding this questionnaire can be sent to: [e-mail]

As we mentioned in the invitation, our territories are very important for our possible worlds, so in the topics about "territoriality", tell us all you want and can about your territorial belonging. Feel free to give us details, names, smells, colors, sensations, expressions or words with particular meanings – whatever is important to you!

Data Policy:

The information collected through this form will be used exclusively for the purpose of registering participants for the Opening the Code of the Gincana Monstra event. We do not collect geolocation or IP address data on this platform, nor do we use cookies. The collected information will be securely stored and treated confidentially by the Transfeminist Digital Care Network team. Under no circumstances will personal data or sensitive personal data be used other than for its intended purpose, and at no time will we share participants' personal information. Personal data will be deleted 12 months after the event.

If you agree with our Data Policy, please check the box below:

( ) I acknowledge and agree to the Data Policy in this form.

---

1. Personal Data

Social Name:
Date of birth:
Country and city where you live:
Country and city of origin:
Languages you are fluent in:
Second languages:
Secure email (that you access frequently):

---

2. Identity:

With the aim of knowing more about you and promoting a plural event that respects all identities, in the following questions we ask about your race/ethnicity, gender identity, sexual orientation, and participation in social or political movements.

This information is considered sensitive personal data by the General Law on Personal Data Protection (Law No. 13,709 of 2018) and therefore receives special treatment by requiring consent for its collection and processing.

We remind you that the data will be collected, treated, and stored securely and confidentially and will not be shared with third parties. Personal data will be deleted 12 months after the event.

Your registration will not be denied if you do not agree to provide this information.
Do you agree to disclose your race/ethnicity, gender identity, sexual orientation, and participation in social movement or group so that we can meet the objectives of this application form for the Opening the Code of the Gincana Monstra event? Select one of the following answers:

[ ] YES, I agree to the collection and processing of my data for the purpose of this application form.

[ ] NO, I do not agree to the collection and processing of my data for the purpose of this application form.

[questions that will only be presented if the answer to the previous question is YES]

Race/ethnicity:
Gender identity:
Sexual orientation:
Which territoriality do you find yourself in or identify with (regardless of created countries, continents, and borders)?:

[questions that do not require consent and can be asked to all]

How would you like to be called? :
What pronoun do you use? :
Do you have any disabilities and/or need assistance to participate in the meetings? If yes, which? :

---

3. Getting to know you better:

Please check your areas of activity:

[ ] ancient technologies

[ ] information technology (programming)

[ ] community networks

[ ] information security (any activity)

[ ] communication

[ ] design

[ ] education

[ ] social network activism

[ ] facilitation

[ ] project design

[ ] arts

[ ] culture

[ ] arts and crafts

[ ] politics

[ ] gender

[ ] raciality

[ ] territory

[ ] environment

[ ] religion/spirituality

[ ] health

[ ] free software

[ ] cryptography

[ ] cryptocurrencies

[ ] hacker

[ ] autonomy

[ ] feminism

[ ] community mobilization

[ ] civil disobedience

[ ] nonviolence

[ ] storytelling

[ ] theater of the oppressed

[ ] others: _____

Tell us a bit about your journey until now! Which group(s), collective(s), organization(s), and activism(s) are part of your personal and political history?

Do you have experiences in digital care or process facilitation? Tell us a little bit about it.

---

4. Collective Care and Self-Care:

In your opinion, what is collective care and self-care? :

What hobbies or activities do you have or practice to relax or restore your balance? :

Below we ask for some indications and references that we intend to use or share in the activities:

Share with us the link to 3 songs you like:

Share with us 3 links to art or visual references that refer to your territoriality:

Share a person’s or character’s name or profile that makes you expand your thinking:

Share a profile, page, or humorist:

Share the link to 3 projects that you would like other people to know about:

Share a popular saying or a traditional wisdom from your culture or territory as a gift for the other participants. If possible, also write it in the original language.

---

5. Opening the Code of the Gincana Monstra:

What would you like to see, learn, or exchange over the course of the Opening the Code of the Gincana Monstra? What is your time zone (UTC)?

Please check the best days and times for the activities to take place (if you have no preference, you can leave it blank): Day of the week:

[ ] Monday [ ] Tuesday [ ] Wednesday [ ] Thursday [ ] Friday [ ] Saturday

Start time (fill in according to your local time and the duration of 2h30):

[ ] Between 01h and 03h

[ ] Between 04h and 06h

[ ] Between 07h and 09h

[ ] Between 10h and 12h

[ ] Between 13h and 16h

[ ] Between 17h and 18h

[ ] Between 19h and 21h

[ ] Between 22h and 24h

Will you participate in the activities using a cell phone or computer and which operating system? If you have more than one, please list them all:

How do you prefer to communicate during the activities? Check all the options you feel comfortable using:

[ ] e-mail list

[ ] whatsapp

[ ] telegram

[ ] signal

[ ] matrix

[ ] mattermost

[ ] discord

[ ] slack

[ ] IRC

[ ] I am open to suggestions

[ ] I would not like to install a new application[ ] other (list them all): _____

Could you install a software to participate in the group communication?

[ ] yes

[ ] no, because I have no free memory on my cell phone

[ ] no, because I would not like to use a new application

[ ] other. Explain: _____

You use or feel comfortable using:

[ ] pad

[ ] padlet

[ ] NextCloud

[ ] BBB - Big Blue Button

[ ] jitsi

[ ] zoom

[ ] mumble

[ ] mumla

[ ] password keychain

[ ] encrypted e-mail

[ ] firefox browser

[ ] Tor browser

[ ] Linux operating system (debian, ubuntu, ...)

[ ] Windows operating system

[ ] Tails operating system

[ ] android

[ ] iOS (iPhone OS)

[ ] lineage

[ ] device encryption

[ ] other: _____

Is there any tool, technology, service or methodology that you would like to share or suggest?

Do you have any personal needs or arrangements that you would like to propose so that you can be well, integrated and secure during the period of the activities?

6. Agreement of interest and co-responsibility:

Do you confirm your interest, willingness, and availability to be with us during the month of July, to participate synchronously or asynchronously in the activities? (We expect a weekly dedication of about 4h, including main activities and optional activities.)

[ ] yes[ ] no

Do you acknowledge and agree to the terms of the Code of Conduct?

[ ] yes [ ] no

Tool kit

When we talk about tools for the realization of the Monster Gincana, we think about what can help during the whole process, whether for the realization of activities and sessions or for communications, so we are talking from e-mail, messenger applications, to the storage of materials and content, such as NextCloud, for example.

We recommend prioritizing, but not exclusively, the use of secure, free, and accessible digital tools that have the same functionality as applications and programs already used in the daily lives of most participants. However, there is no point in proposing a new technology or even hosting a new infrastructure if the participants don't have devices that allow the installation of new applications or if they don't have enough mobile internet to participate in videoconferences. With this form you can collect key information that will help you choose the tools that will be used and offered during the Gincana. When creating the registration form, consider the format of the Gincana, how you intend to gather the participants, carry out the communications, if it is important to have a place for collaborative editing of documents, if video lessons will be available, how the material will be sent, etc. Then ask the participants what resources they have available to participate in the activities, and what the organizers can do to facilitate participation.

Information about devices, operating systems, limitation to install new applications, the availability to install new applications, what kind of services they use or are familiar with, if the participants have easy internet access or enough mobile connection to participate in online meetings, what is the quality of the internet connection, among other things. All this will help when it comes time to make the choice of tools. Consider using platforms and services that can be accessed from the browser and don't need to be installed, and also prioritize applications with good visualization and usability from both the computer and the mobile phone. Another important piece of information is to know if among the participants there are people with disabilities, so that every care can be taken to ensure full participation and quality for all.

The technologies and digital infrastructures can be great allies in the feminist, anti-LBTQI+phobic,

and anti-racist struggle. In order for participants to become familiar with new tools, consider holding specific meetings for installing and testing them, so that anyone who is having difficulties will have the opportunity and support to look at their doubts with the necessary attention and dedication, and so that they feel safe and comfortable with their use. Create spaces such as on-call sessions, which can be thematic, and can address the use and configuration of a single tool. Share guides, manuals, zines and tutorials, preferably in a language as accessible as possible. In the case of more specific tools, consider creating your own material, as uncomplicated as possible, with images, step-by-step, following the visual identity adopted for the Gincana, and allowing people of different literacy levels to access it. You can also reuse or mix materials created for other processes or created by partner groups. The important thing is that the materials have a language that communicates with the participants and that respects important criteria and values for the group.

In addition, consider also holding on-call sessions to answer general questions about technology, or about difficulties with tools used by them, but that are not directly related to the Gincana.

Tip: When addressing the criteria for choosing platforms, work with the logic of free tools made by activists and for activists. An interesting reflection to accompany the group during the entire Gincana is how political the act of choosing your digital tools can be. Address the issue of autonomy, privacy, transparency behind their development.

THE TOOLS WE USE AND SUPPORT ARE ALSO POLITICAL CHOICES!

Tools that we recommend, that can be used for support and support of the Gincana, and also of reference for the participants. We encourage you to reach out and encourage local and preferably feminist groups that are building and providing these services.

Recomended Tools

Tools for collaborative edditing

There is a text editor for simultaneous collaboration (where multiple people can write at the same time) called "pads". It can randomly generate an address, or you can name the address yourself. We recommend not using obvious addresses, and in this case we recommend using random and

super long names.

Service hosted and maintained by feminists:

- https://antonieta.vedetas.org

Service by activists for activists:

- https://pad.riseup.net

Cloud environment for storing documents

Nextcloud is a kind of improved Google drive, and one of the tools used by the Monster Gincana, it offers a number of possibilities for organizing the activities of our collectives and organizations, from the storage and collaborative editing of documents, the elaboration of research forms, sharing contacts, music, images, messages, among other cool things. It can be accessed via browser or application.

We have activist groups that offer NextCloud hosting to larger organizations, but this service comes at a cost:

- https://maadix.net/es

There are services that offer this tool for free, for a limited time to test (we always give preference to services offered by activists who value our privacy, which is not the case here):

- https://try.nextcloud.com/

There are also paid services with discounted plans for institutions:

Educacionais: https://nextcloud.com/enterprise/buy/

Mega: https://mega.nz/startpage

Spideroak: https://spideroak.com/one/

More secure mail servers

*They may have a steep learning curve at the beginning, but are much simpler than the usual ones.

- https://riseup.net

It is such a picky e-mail provider that you need an invitation to open an account, but for that very reason it is a possibly better world for the demands of the collectives and cherishes our privacy. Want to make a Riseup email? Ask someone who already uses this service to generate you an invitation!

There are also:

- https://prontomail.com/
- https://tutanota.com/

Need secure email list for your collective or organization? You also have it:

- https://lists.riseup.net/

With the drawback that it is more limited in the size of the files that can be sent compared to Gmail.

Collaborative spredsheet tool

- Made and maintained by Brazilian feminist hands https://eveliyn.vedetas.org
- Other: https://ethercalc.net/

Browsers

Firefox: this is our chosen one! A browser that makes browsing a little less risky and controlled through the installation of plugins:

- https://www.mozilla.org/pt-BR/firefox/new/.
- Cromium: a functional browser for sites that don't develop well and don't work properly with Firefox.
- Palemoon: acts like a lighter version of Firefox and works well on older computers.

Search engines

- DuckDuckGo: is a search engine that does not track our browsing, it is powered collaboratively, for the organization of feminist collectives not to have our browsing (and affections) tracked. Very important to avoid excessive vigilance over our footprints on the

internet and to avoid unwanted ads.

Note: Firefox has a "DuckDuckGo Privacy Essentials" extension, which by default does our searches on Duckduckgo, and even protects us while browsing.

Messengers

Our little favorite of them all is Signal. We can make video and audio calls, all content is encrypted, free software, and you still have a password to enter the application. But to understand the parameters and make your own choice, here are 2 comparative table references between different instant messaging and videoconferencing software.

- Table 1 : https://videoconferencing.guide/
- Table 2

Video and audio conferences

- JITSI: We can use tools that value our privacy also when it comes to our videoconferences. One of the alternatives is JITSI. Just log in and create a link to the meeting room, or use the random combination that the service offers. Anyone with the link will be able to access the room, so avoid obvious names like "meeting", so as not to be disturbed.

We recommend the following facilities:

- Made and maintained by Brazilian feminist hands (up to 30 people):

https://chimamanda.vedetas.org/

- Download the Jitsi manual here (Portuguese only):

https://mariavilani.vedetas.org/#chimamanda-ngozi

- From activists to activists (up to 15 people):

https://jitsi.eativismo.org/

Public instance that the tool itself offers, but installed on a server we do not know (many concurrent users):

- https://meet.jit.si/BBB:

During the Gincana we used the BBB Big Blue Button.) The instance we used was made and is being made available privately to feminist groups in Brazil. To access the BBB manuals and guides (in Portuguese only):

- https://mariavilani.vedetas.org/#angela-davis

During the Gincana we used the BBB Big Blue Button.) The instance we used was made and is being made available privately to feminist groups in Brazil. To access the BBB manuals and guides (in Portuguese only):

- https://mariavilani.vedetas.org/#gaby-amarantos

Passwords

To download, install, and obtain the KessPassXC password manager:

- https://keepassxc.org

To check the strength of your password:

- https://howsecureismypassword.net/

NOTE: We do not guarantee the security of this site, so please put a similar password and not yours exactly!

Check if your passwords/accounts have already been leaked:

- https://haveibeenpwned.com/

Note: it is important to change to a secure password in case your account has been leaked.

File sharing

Files are stored for 12h, and cannot be larger than 50mb:

- https://share.riseup.net/

To share files that are not sensitive (we do not guarantee data security on this service):

- https://mega.nz/.

Allows anonymous file sharing, but requires dedication to understand how it works:

- https://onionshare.org/

Bonus

Multi-Service Collaboration Platforms

- https://framasoft.org/
- https://cryptpad.fr/

Framadate online meeting scheduler

- https://framadate.org/

Forms, data collection and analysis

Can be installed on your own infrastructure:

- https://www.limesurvey.org/.

We also recommend the encrypted online forms on Jotform, which provides free accounts, with some limitations:

- https://www.jotform.com/security/.

E-mail management and encryption

- https://www.thunderbird.net/en-US/.

Free software and service alternatives from Google

- https://degooglisons-internet.org/es/
- https://datadetoxkit.org/en/alternative-app-centre/

VPN

- https://riseup.net/en/vpn

Browse anonymously using TOR

- https://www.torproject.org/

Anonymous and incognito operating system TAILS

- https://tails.boum.org/

Open and free map

- http://www.openstreetmap.org/

Open Mobile System Lineage

- https://www.lineageos.org/

A little gift

Download our Zine!

Reference materials - for facilitating learning processes in digital care:

References of TNDC zine.pdf - Documonstres.pdf

Fertilizing the soil

Learning paths

Narrative thread

These are the Macro-Themes that will form what we call the Narrative Thread or the Conducting Thread. The facilitators should think about where they will start from and where they want to go, always keeping in mind the main objective of the Gincana.

It is important to take into consideration the expertise, skills, and knowledge of the facilitators involved, as well as the demands, needs, and desires of the participants and their collectives, so that the Gincana is inserted in a larger strategy of support for activists and strengthening of the field of HRDs and digital care.

Think about how the Macro-Themes and themes will be approached and can collaborate with each other, providing a path of learning and exchanges, which in the end will give meaning to the whole. These themes do not need to be dependent on each other, but can have connections, be complementary, or even deepen the themes presented.

Example of a Narrative Thread

Week 1 - "Star Monsters Against Capital"

Macro-theme: Recognition of the group, creation of bonds, creation of a common language, and of the values that will guide the group.

Weeks 2 and 3 - "Infrastructure of Affection”

Macro-theme: Contextualizing the group about discussions around what makes up technological infrastructures, where we are, and where we want to be in these infrastructures.

Weeks 4 and 5 - "Messengers of a new world"

Macro-theme: How communication tools, from messengers to websites, work and how we can strategically use them.

Weeks 6 and 7 - "Opening Codes: Sustainability and the next generations”

Macrotheme: Developing expertise in project writing and facilitating learning processes.

Week 8 - "Celebration”

Macro-theme: Partying and celebrating is also very important for us! Creation and strengthening of feminist solidarity networks for existence and permanence of life and struggles.

We suggest that the facilitators work each Macrotheme following the following Structure:

- **Main Sessions + Deepening or Practical Sessions + Workshops + Aláfias.**

By clicking here you can see an example of how the complete structure of a Monster Gincana with 8 weeks duration and 4 Macrothemes plus Microthemes could look like:

Following a modular logic, the facilitators can add more sessions to this structure as needed. Thus, they can have, for example, 2 or 3 sessions, 2 or more extra activities, depending on the complexity of the subject explored. In this way, each macro-theme, or time cycle, repeats this structure.
The duration of each cycle or macro-theme can take as long as is interesting and necessary for the group. It can happen in a single day, it can be divided into a week, with days in between activities, or it can be even longer, with weeks in between activities. This choice is made by the facilitators and according to the intention of the Gincana.

Reminder

It is important to remember that the longer the space of time between the activities, the greater the need for the facilitators to keep the participants engaged. For this, they can use the groups on messengers, email lists, and other tools that make sense for the group. These spaces can also function as places to exchange experiences, clarify doubts, send activities, etc.
Among the participants, these tools can be used to promote greater engagement and collaboration with the organizers, who can send music, references, games, new articles about interesting subjects, photos, to keep the group's mood curious and participatory.

For facilitators who are interested in a specific activity, it is possible to use only the script of the activity/session of interest. Combine some of the activities/sessions or use the suggested structure in full Main Sessions + In-Depth or Practical Sessions + Workshops + Aláfias.

Tip

In addition, it is possible within the extra sessions to approach other subjects such as activities dedicated to self-care or collective care, for example. One suggestion is the mediated conversation rounds, in which it is possible to talk about how the participants, and also the facilitators, are feeling with the Gincana experience when faced with a high volume of new information and experiences.
Another possibility are the sessions of stress reduction and relief technique for women, so that they can have contact and experience a technique that helps to release pains and tensions that we accumulate in the body. It is also possible to include sessions of other technologies that bring pleasure and/or good reflections about wisdom, self-esteem, frustration, and other feelings that we may encounter when we venture into new learning, especially technological learning. In other words, the possibilities are endless and it's worth exploring the skills that facilitators have beyond knowledge in digital care :)

At the next page there is a script with suggestions for activities to facilitate the choice and construction of the Macro and Micro Themes to be explored during a Gincana. This script was developed in a face-to-face meeting, but can easily be adapted to an online format. The ideal is that all the people who are building and who will facilitate the content of the Gincana should participate.

Macro and micro themes script

Objective

This script seeks to present a possibility to facilitate the construction and organization of macro and micro themes for the Gincana. In order to meet the demands and needs of the group, but also taking into account the expertises, experiences and desires of the facilitators. Having a context analysis and a strategic goal for the digital care field previously built, are very helpful resources for this activity.

Who is this activity for?

All people involved in content creation or process facilitation of Gincana.

Duration

5h15min + breaks

Session 1: Wake-up activity [15 minutes]

Objective

- To move the body and create a sense of group;

- Realize limits of one's own body and other bodies in physical space.

Supplies

- Sound box
- Colorful balloons
- Exciting music
- Small colored papers cut up

How

Each person receives an empty balloon and a little paper. Everyone is invited to write on the piece of paper what makes you happy in the Gincana? Then we roll up the paper and place it inside the balloon, fill it with air, and close it with a knot. The facilitators put on some nice, lively music, and everyone is invited not to let their balloon fall on the ground first, using only their feet.

After a while, you can now use your knees, and soon after you can also use your buttocks, belly, shoulders, nose, head... Now all the balloons are the responsibility of the group. We all have to take care that no balloon falls on the ground. When everyone is tired, we stop the game. Each person takes a balloon, pops it, and the messages are read to the whole group.

Note: Have someone prepared to take pictures, it's a beautiful image!

Session 2: Thinking strategy and themes [2 hours 30 minutes]

Objective

To get the group to think about strategies for Gincana.

Supplies

- Craft or Flipchart paper for groups to write on;
- Pens;
- Collect from the registration form in advance the ideas sent by the participants for macro and micro themes (on colored card stocks).

How

Step 1 [5 minutes]

Individually, write on card stocks possible answers to the following uplifting question: "how can the Gincana be strategic for the field of feminist digital care?

Step 2 [20 minutes]

In trio, discuss what we wrote on the card stocks and add whatever else comes up.

Step 3 [35 minutes]

Back in the larger group, trios present their card stocks by neighborhood, and we will group the cards on the wall by proximity.

Interval [15 minutes]

Step 4 [15 minutes]

Individually, write on cards stocks (one idea per card), possibilities for the following uplifting question: "What micro and macro themes would you like to see in the Gincana? Considering desires and strategy".

Step 5 [20 minutes]

In trios, discuss what we wrote on the cards, add whatever else comes up, rewriting the ideas on the colored cards X for when it is a Macro idea and colored cards Y when it is something else within Micro themes. At this point, the facilitator presents previously prepared macro and micro themes, gathered from the demands, needs, and desires presented by the activists and groups when filling out the registration form.

Step 6 [40 minutes]

Back in the group, the groups present their cards. First, all the groups present their Macro Themes, and then, in rounds, all the groups present their Micro Themes. If another group has similar cards, when it is presented, they stand up, present what is written, and glue it next to or on top of them. In this way everyone presents their cards, and these are stuck to the wall, organized by proximity of the themes. On one side of the wall we organize the Macrothemes, and on the other side of the wall the Microthemes. When one group finishes, the other begins, until all the cards or sheets have been glued and organized on the wall.

After this exhaustive process, we take a break, and then return to the theme.

Session 3: Self-care activity [30 minutes]

Purpose

To learn how to use clay for relaxation and self-care! And provide a fun, playful time to unwind the brain from so many serious issues.

Supplies

- White clay
- Basin
- Filtered water
- Rose dried herb
- Hot water
- Spatula

How

We will talk about clay masks for beauty and health! And do a hands-on application of clay mask with rose tea, where we will stay with the clay for 15min to 20min.

Interval

Session 4: Organizing ideas [2 hours]

Objective

Through collective wisdom, we will find themes to prioritize, and discuss together the logic of content presentation.

Supplies

- Colored Post its
- Colored round sticks
- Card stocks

How

1. Prioritizing Macros and Micro themes [10 minutes]

Each person receives X round sticks of 2 different colors. To decide this number, you should take into account the number of participants and the number of Macro and Micro Themes raised, as well as the number of activities that the Gincana intends to offer and the duration of the Gincana. We

invite each person to read all the Macro-Themes, and distribute the small stickers of color x in the Macro-Themes that within their evaluation should be prioritized. Then they are invited to do the same with the Micro Themes.

2 . Organizing the macro [15 minutes]

In an anarchic way, we invite the whole group to start assembling a chart on the wall, at first organizing the Macrothemes with more stickers in a horizontal line. Preferably already creating a logic between these themes, at this point you can talk to each other, discuss ideas, change places, add or remove cards from the wall... It is even possible for the group to rescue a Macrotheme that was not voted on, but at the time of the discussion, if they feel it is necessary. It is interesting for the group to establish a maximum limit of macro themes, which must be compatible with the time of dedication and duration established. Do an exercise of detaching from the Macro Themes until you reach the established limit.

3. Organizing the Micro Themes [25 minutes]

Now the group is again invited anarchically to organize the Microthemes, giving preference to those with more sticky dots. They will organize them under the umbrella of some Macrotheme already organized on the wall. Everyone can go on bringing and fitting, discussing, moving, rewriting (if necessary) the cards, turning Macro into Micro, and vice versa. Also organizing and talking about a logical organization of the content. *If the group is very conflicted in conversation and feels it is stalling, we suggest doing rounds of consideration where each person is invited to make a consideration, propose some change, or present an idea. Everyone makes their own considerations about what has been said, and then the next person is invited to make their own considerations, until they come back to the first person, who, if they have any other considerations, brings them back to the round, until all the considerations (or time) have been exhausted. This way we will have a landscape of Macro-Themes and Micro-Themes, which can be refined over the next few weeks if the group is unable to arrive at a model that pleases everyone.

4. Brainstorming activities [15 minutes]

Individually, each person will write on post it (of another color), activities that they consider interesting and important for the Gincana (only one per card). Then we can paste them next to the micro-theme that would be the umbrella of the activity.

5. Prioritizing activities [10 minutes]

Each person receives X round stickers (evaluate according to the size of the Gincana and the quantity of activities to be offered), and everyone reads the proposed activities, sticking the dots on the ideas/post-its that they believe are most appropriate for the Gincana to reach its objective. You can recall the objective again at this point.

6. Debating activities [45 minutes]

The activity ideas without stickers (least voted) are removed from the wall. Now the group will discuss each of the activity ideas in quick rounds, 3 minutes per idea. The idea here is to brainstorm and quickly try to formulate a goal for each of the activities. It is important to have a report to record good ideas and insights for each of the sessions. This will support the later work of developing the content of each of the sessions, maintaining dialogue and coherence.

Finishing going through all the activities, the participants are invited to share a sentence about how they are feeling after these hours spent building the Gincana.

Recomendations

With the activities thought out and organized, it is now time to build the team. We analyze what knowledge, skills, and experiences already exist in the group, and what will need to be reinforced by inviting other people. The execution of a Gincana is also a fantastic opportunity for learning and exchange among the facilitators.

Note: It is important to have a person to report all the discussion from this session to be organized and made available later. Also a person to mark the discussion time for each of the activities. You can use a little chime to signal that it is time to move on to the next one.

Resources

Resources are everything that will enable the facilitators to carry out the Gincana.

It is not just a matter of financial or material resources. First of all, we consider presence, availability, engagement, curiosity, respect, trust, tranquility, flexibility, solidarity, listening, respect, and joy as necessary and indispensable resources for the realization of the journey.

Even if immaterial, these resources always need to be nurtured and valued. In cases in which the facilitators have financial resources for the realization of the Gincana, they can invest them in important points such as

- The construction of a secure infrastructure;
- The hiring of secure servers;
- Availability of prepaid mobile internet for participants who need it.

These are some of the examples, among other things that will vary according to the reality of the participants.
In addition, these resources can also be invested in hiring services that allow, for example, the inclusion of hearing-impaired participants, through sign language translators or language translators, in the case of participants from different countries.
Other services we recommend are:

- Hiring graphic facilitation: this allows for a more creative record that can be shared, used and taken up again whenever needed.
- Besides graphic facilitation, think also about other languages that allow the registration of the sessions, such as poetic facilitation. The written language can be more creative than just the formal record, and it can also rely on orality. Poetic facilitation or radio production and podcasts can be allied tools in this journey.
- Video production, such as tutorials or any other type of content. Think of videos as important languages in the learning process, especially if you are dealing with groups that use orality more than writing. Videos or recordings can also be records of sessions that

will allow participants to follow the journey asynchronously.

- Create or use games as a learning methodology. Games can be fun ways to work with more dense or technical content, or even more fun ways to provide moments of discussion about the themes worked on in the sessions.
- Graphic design: this is a resource that can greatly assist in the communication of the Gincana, helping to create a visual identity. Graphic design can also be used in the organization of materials to be shared or published.
- Speakers and specialists who can make presentations or provide training, depending on the demands of the group of participants.
- Holistic therapists and psychologists can help in moments of mediation of conversations, moments of conflict that may occur, or in cases of participants who are experiencing stress or burn out. It is worth remembering that this resource can also be used by the facilitators and collaborators themselves. This is a strategy to care for the group that is performing the Gincana.
- Compensation for working hours! Consider, if possible, the remuneration for the working hours of both the services hired and the people invited to participate as collaborators, whether they are speakers, therapists, technicians, etc.

Sowing and seeding

Learning activities

Structure

This structure basically consists of:

Main sessions + Support Material + In-depth or hands-on sessions + On-call sessions + Aláfias + Collective care and self-care activities.

One session or more, which we call Main Sessions, which deal with a theme in a broader way, with discussions, sharing, suggestions for experiences, always starting from a deconstruction of paradigms already culturally imposed on LBTQIA+ women and people, working on the theme at the level of feeling, seeking to raise what that theme raises among the participants.

For these sessions, the facilitators can share support material, which consists of producing and/or gathering orientation materials, such as texts, articles, videos, podcasts, guides, tutorials, manuals, step-by-step, zines, and any other type of content that provides the participants with information, stimulation, orientation, among others, about the theme that will be addressed during the learning cycle of this macro-theme.

The Support Materials are like a " pack" or a "bag" that each participant will receive and can access as she or he wishes or needs. Along the way, the participants will be able to add other things and materials that they find along the way in their "packets" or "bags".

The following session can either deepen the debate on the theme, with the participation of guests for exchanges that broaden the experiences, or practical activities that can either propose experiences, workshops or training on digital tools, for example.

After these sessions, we suggest the realization of one or more on-call sessions or Q&As, spaces in which the facilitators are available to the participants during a certain period. These on-call spaces serve to clear up doubts related to the themes worked on, but they can also be spaces for the participants to bring up general doubts. They are moments in which participants and facilitators come together around a real issue to find a solution in a collective way.

Finally, we suggest the Alafias (Celebrations), which are activities designed to acknowledge and celebrate the group's journey to that point in the journey together.

Main activities [script]

Moments to group all the participants with discussions on central and important contents for the journey of the Gincana. Can be synchronous or asynchronous.

Introduction to the infrastructure of affection

The activity below was done online, during the Monster Gincana.

Objective

Introduce the concept of infrastructures of Affection.

Duration

1h30

Arriving [5 minutes]

We waited for everyone to arrive for a few minutes, with some good music playing. We leave a song and a notice in the chat that we will start in a few minutes. Let the music goes until everyone arrives!

Welcome + stretching + breathing + water [10 minutes]

"Did you all stretch today? That good stretch, though!"

"Did you notice how much our bodies stretch? Have you breathed in? Have you taken that deep breath? have you filled your lungs with air? have you noticed how our lungs expand? No? Then let's do it together?"

Stand up and stretch with the cameras open - for those who want to!

Stretch for 20 seconds + 3 very deep breaths, all together!

Remind them to get water, and give them 2min to fetch it.
That's it! Now we are all here, realizing a little more about our bodies and hydrating ourselves, simple things but that we can always remind each other, basic things to take care of in our daily routine.

What is safety [20 minutes]

What is safety for you? Without thinking too much, what comes to mind, in a word or a phrase.
The facilitators record everything that is said on a board that is shared with everyone.
As soon as we run out, we move on to a presentation of the theme.
Then we talk about the presentation and introduction of the theme We link it to the idea of care routines, and the role of women and people without a defined gender in technology. What do these have in common?
How do we construct our infrastructure of affections in life? How is all of this related to the idea of safety?

Care routine description activity [15 minutes]

Ask them to make a description of their caregiving routines and the infrastructures they use for those routines - as detailed as they can, in 15 minutes.

Sharing [15 minutes]

We open it up for anyone who wants to (3 or 4 people) to share their care routines.
As they talk about their care routines, their tools of the trade, whoever has children or takes care of

others, we are going to highlight how these daily care routines are a programmatic practice.
From this, we will realize how women are protagonists of routines and creation of models within their communities, homes, and activism. Historically, women have always been responsible for the optimization of tasks, for the elaboration of tasks, even with the separation of work by gender. Women systematized and men went to war, even present in the history of computing. So we notice that, whether in computing or in ancestry, this place belongs to women, and that we elaborate strategies daily and that we have been strategists since we were born.

Discussion [20 minutes]

Trans and cis women of different ethnicities and sexual orientations, as well as diverse LGBTQIA+ people, have always been behind the networks of affection, until at what point technology shifted space and becomes recognized as something hegemonically male and white, what has changed since then?!

We come back to affection.

As much as technology was created with a perspective of war, before this change it still had an affective, routine character. We tell the story of Grace Hopper.
Even after the post-war period, women's relationship with machines was still one of creation rather than subservience as it becomes after men take over. What they call archaic, we call ancestral!

Language compared to what it expresses: understanding these differences to be able to build a digital care that makes sense within our narrative, our subjectivity... How to translate to these places their experiences and language, with the life experiences they bring with them.

Closing [5 minutes]

How am I leaving? Saying goodbye... "We have talked so much about technology today... We invite each of you to quickly bring a phrase or word that communicates how you are leaving today's activity..."

In-depth or hands-on sessions [script]

Moments designed to do specific activities, hands-on, creative, hands-on labs, open to anyone who wants/is able to participate.

Internet where you live, what do you feed on? - script

This activity was carried out during the Gincana Monstra online, as an extra session. But it can easily be adapted for in-person activities.

Objective

Demystify how the Internet works, its physical aspect and its vulnerabilities. Reflect on the geopolitical construction of the Internet.

Duration

1h30

Supplies

- Paper and pen for everyone

Session 1: Welcome and agenda [10 minutes]

Objective

Welcome everyone, show the agenda for the day, and warm up the mind.

How

Present a welcome slide. On a second slide present the schedule of activities, and lastly leave the challenging question:

"What is the first thing you have ever used on the Internet?"

Leave the space open for anyone who wants to bring something from memory.

Session 2: What is the internet? [35 minutes]

[5 minutes] "What is the internet for you? Individually, we ask people to draw.

[15 minutes] We open for comments from some people, and ask, for those who want, to show the drawing on camera.

[20 minutes] We present some political questions and debate all of them together:

- The internet is physical.
- The internet is political.
- The internet is a right.

Interval [5 minutes]

Session 3: How does the interntet work? [60 minutes]

[10 minutes] Divided into groups, we discuss and build a drawing from the question:

"How does the Internet work? When we send an email to someone, what path does the data take?"

[10 minutes] Groups present to everyone.

[10 minutes] We build up the path of the internet by moving these cards around on a board shared with all participants:

Cards here!

Otherwise we could introduce that image, and walk the path of information together, commenting on itclick here!

[30 minutes] We start the explanation by bringing up the issue of underground and undersea cables vs. the misconception of the “cloud”,click here to see!

The Internet is physical, information passes through cables. The cloud is always someone else's computer.
We move on to explain HTTP vs. HTTPS and introduce the concept of traffic encryption. We use a postcard to explain how information travels without encryption. Everyone who has access to the card can see the message and the metadata.
We put the postcard in an envelope and explain how information travels encrypted with HTTPS. Everyone who has access to the envelope can see the metadata, but only the mail servers and sender and recipient can see the message.
Take the paper with the encrypted message and place it inside the envelope to explain how end-to-end encryption works. This time all the people who have access to the envelope can see the metadata, but only sender and recipient can see the message. Only these two people have the key

to decrypt the message, and the servers do not have access.

We make an explanation of the vulnerabilities:

- On the computer: Viruses, malware, spyware, weak passwords...
- In the router: Sniffing, access to packets/information traffic.
- Open networks at airports, coffee shops... Offer high risk.
- At the ISP: Access to data via court order.
- At the e-mail server: Access to data via court order; access to everything by the ISP itself.

Session 4: Closing [10 minutes]

We invite to the closing everyone who wants to share something new that they learned today! Anything goes.

On-call sessions

They happen over the course of weeks with the goal of facilitating the participants' interaction with the tools and the content made available asynchronously. Some meetings may be thematic to stimulate the exploration and use of certain tools or the access to certain content, others are open.

During the appointed period, at least two facilitators stay at the communication channel previously established, waiting for whoever wants to arrive to ask questions about the content worked on with the group, test or configure tools, share difficulties related to digital technologies or not.
The important thing is the openness to think together about solutions to the questions that arise. It is also an opportunity to explore the universe of problem-solving research on the Internet.
In general we do not prepare scripts for these meetings. When necessary, support materials from the workshops are used to recall or discuss some content.

Aláfias [script]

Moments of recognition and appreciation of the path taken to that point, even if it is not yet the end point.
This deserves a celebration, a commemoration, an open path to continue the journey. This celebration can be marked in different ways, producing something, sharing, recognizing, realizing, or proposing a challenge, something that marks that path in the journey up to that point.

Tip

Try to propose Aláfias that stimulate the use of creativity, of the content presented, and that can provide exchanges and collective construction among people of the same team, valuing the different skills of the group, also subverting the idea of competition and valuing collaboration among the participants. If possible, stimulating exchange and collective construction also among teams!

Curiosity

The expression Aláfia, used in this methodology means "welcome".
It is an expression of the Yoruba people, of Nigerian-Congolese origin. In the game of conch it means the fall of four open conch shells and has the meaning of positive, confirmation, all is well. There is no margin of error or contradiction to the question at hand. At the Monster Gincana, we adopt the term for the moments of completion of a learning cycle in which we celebrate and welcome all who are there, admitting that the paths are open to the next steps for all of us.
You may find this term in other languages and cultures, so take a look.

Aláfias - script

1. Produce or write a text, post, walkthrough, illustration or a zine to replicate one of the themes we looked at this week, taking into account your culture and reality. Try to

embrace all the skills of the people on the team. Who writes, who draws, who is creative, who organizes... Use your creativity!

2. Each team can develop a facilitation script for digital care, using what was discussed during these weeks and whatever else they want to add beyond the content. Remember to bring your essence and experience to the script!

   We will do a skill share on [date]. Over the next week, we invite all groups to choose a time for a dedicated session to discuss together the script and activities of each team.

Collective care and self-care activities [script]

The following are some activities that comprised an organizational care process.
These sessions were conducted in-person, but can be adapted for online activities.

Objective

Provoking reflection and collecting strategies to promote feminist intergenerational learning in digital care.

Who is this activity for?

These activities can be done by people who intend to facilitate online processes, or by the Gincana team to think about care in facilitation

Estimated time

1h30 min

Intergenerational learning in technologies - challenges and opportunities - script

[30 minutes in advance] – Opening of the room and testing with interpreters.

[10 minutes in advance] – Music for everyone's arrival!Prepare a playlist!

Session 1: Warming the brain [10 minutes]

Objective

To activate people's thinking! Engage them with the workshop.How: Leave a slide with the badge, and put on some lively music while they write in the Chat.

Music: Serena Assumpção – Oxumaré

As people arrive, put on a song and ask each one of you to put on the chat technologies that exist in nature, freely, you can put as many as you want, just to warm up the brain, and we'll wait while the others arrive. And let's enjoy the music in the meantime :)

We have the time of the music!

Paste in the chat while the music is playing:

For those who are arriving now, the provocation is for each one to put in the chat the nature technologies, that you remember! We have the music time for that.

Session 2: Agenda + agreements [10 minutes]

Agenda:

- Warming up the brain
- Agenda and Agreements
- Learning from memory and feeling
- Exchanging with each other

- Barriers and strategies for intergenerational learning
- How unique are you?
- What I take from this process
- Evaluation

Agreements:

1 Everyone can talk, raise your hand or signal in chat;
2 There are no silly or bad questions;
3 Any problems with the translation, first click on the globe icon and then on "floor", and reselect your language, if it doesn't work raise your hand or let us know in the chat;
4 Treat everyone with respect and empathy;
5 Have fun!;
6 Anything else you'd like to add? Open the microphone or write in the chat.

Session 3: Learning from memory and feeling [10 minutes]

Objective

Awaken reflections, insights and also create an emotional connection with the theme. Relive the ups and downs of the learning process and feel which elements are present in this process beyond knowledge.

How

Through a guided meditation make them access memories about some technology they have learned from someone older.
Relax your eyes from the screen, exercise your memory and go on perceiving what you feel! You can keep your eyes closed, but if you don't like it you can also keep them open, if you want to open them in the middle there is no problem, just try to be comfortable, and remember that you are in a safe environment.

If possible leave a pen and paper at your side, if you have any insight or idea feel free to write it down, if you also want to doodle, draw, feel free.
I'm going to ask you to think of a technology that you had a great desire to learn, but had difficulty. It may have been a process from when you were a child, it may have been a recent learning. Preferably for some process that someone older has taught you.
Think deep down that technology that got you hooked and you thought: this is what I want to learn, but it wasn't so easy, something that you didn't have that many skills in the beginning.
We learn so many different technologies during our lives! You can pull from your memory, maybe when you learned to read, (maybe some of you don't remember, like me!), you can remember when you learned to ride a bike (and you may still have traces of that learning), or a complex cooking recipe, it may be from when you learned to plant and take care of this new life, it may be when you learned to lay a floor or do the electrical installation of a house, make future-telling, play an instrument, assemble the hardware of a computer, sew or embroider a fabric ... There are so many possibilities.
It may be that in this search for memory you choose an experience, and then change and choose another, no problem, it will not interfere with our proposal.
I will give you some time to explore these memories and possibilities, go through the different learning experiences you have had, and choose one that was challenging, but that you finally succeeded in!

[1 minute] What technology was that? What caught your attention? What sparked your interest? At what point did you decide you were going to learn it?

[1 minute] Let's think about who facilitated this process now. And, not all learning experiences are good, so we can also look at what wasn't so good about this process either.
Just remember that you are in a safe place now! No longer at that moment of learning, but in your home, your workplace and safely. If you need, put your feet on the ground to remember that.
Let's think about this person who facilitated this process. Who was this person? What did this person look like? How much experience did this person have? What did their voice sound like? What was the age difference between? Was it an affectionate person? Was this person rigid? What did this person use to teach you? Only their voice? Did they use a blackboard or any other medium? Did they communicate with their body as well? What was their tone of voice? And now I want you to think about yourself in this process. What was it like?
If any insights or important ideas come to mind, write or draw them down.
Was it difficult to learn? Did you catch on quickly? How long did it take to learn? Did you make any

mistakes along the way? Did you feel like giving up? What did you feel at that moment? Was there any sensation in your body? Heat in some area? Perhaps discomfort in some organ or muscle? Did you feel frustrated? Sad? Did these emotions interfere with your process?

[1 min] What were the difficulties in the process? Was it something that required additional knowledge? Was it something complex? Or was it something that required training of your body or mind? Did it require attention?
What made you persist? Did this person play an important role in keeping you going?

[1 min] When you overcame the difficulty what did you feel? When you finally succeeded, what did it feel like?

[1 min] What do you keep from this learning process?
How can we promote this in the learning process? How can we sustain the spaces in the face of frustration?
Now I will count two minutes. You will realize that two minutes in silence is a long time! Take the time to incorporate the experience, if you feel like writing or drawing something, some insight, feel free.
Dear interpreters, after the 2 minutes I will come back speaking in Portuguese.

Counting 2 minutes

Let us slowly open our eyes for those who had their eyes closed, let us slowly stretch out, putting our feet on the floor, bringing our mind to the present moment.
Slowly waking up your mind from this experience.

Session 4: Debate [15 minutes]

Objetive

To stimulate discussion

How

By asking challenging questions and opening up for debate
[Moment of sharing - sustaining the silence!]

Now I would like to open it up for sharing. Anyone can open the microphone or raise their hand.
I would like to know, if you wrote something down during the process, what became of this memory?
Have we learned anything by recalling the memory of our learning?
What was left alive?
Is there anything from this experience that you would like to use in your facilitation sessions? And has any memory brought back something that you wouldn't like to reproduce or would like to do differently in your facilitation processes?
What can we take from this learning process for the learning processes that you are going to organize?

Session 5: Barriers [10 minutes]

Barriers to intergenerational learning in technology

- Computer language all in English.
- Hardware and software not accessible for low vision or hearing
- Difficulty of access to income by women, hinders access to devices and internet
- Etarism - prejudice against older people in technology
- Lack of digital literacy and understanding of computer logic Could you guys point out any other barriers from your experiences?

Session 6: Strategies [10 minutes]

Strategies of the "Gincana Monstra":

- Engage people so that they have curiosity and interest, creating an affective connection, either through memory, playfulness or exchange.
- Start from the stories and experiences of the people who are participating in the process.

- Recognize and use the different knowledge and abilities of the people who make up the group.
- Do not underestimate or infantilize the participants.
- Create an environment that invites learning.
- Use explanatory and explicit language, avoid using foreign terms, and always explain acronyms and slang.
- Never expose the person.
- Provide step-by-step manuals with visual support, or audio, with translations when there are foreign terms.
- We have different times, give time to understand new issues. Enjoy some silence.
- Make on-duty and tool-testing meetings.
- Keep the rhythm at the slowest.

Would anyone like to add strategies they have adopted in their learning processes?

Cittation: “Joy does not come only in the encounter of the found, but it is part of the process of the search. And teaching and learning cannot take place outside the search, outside beauty and joy.” Paulo Freire.

Session 7: Closing [15 minutes]

Objetive

Reflection on what I need and what I have to offer to improve collective care?

How

We ask each person to first think about and write down what they need from this group to be well. After 2 minutes, we now ask them to think and write down one thing they have to offer to improve the collective care of the group.
We do a round for everyone to read what they need from the group, with a facilitator writing it down on a shared screen. Then we do a round where everyone talks about what they can offer for the collective care, and this also becomes a second idea cloud noted by the facilitator on the

shared board.

Reminder

It is interesting that the facilitators periodically send the participants the general schedule of activities of the Gincana, and also the schedule of activities related to the cycle or macro-theme that they are starting, which can be weekly, for example.

This is fundamental in case of changes in the dates along the journey. Try to create an image with the calendar, this makes it easier to share and view on different devices. Sharing the calendar frequently helps the participants to organize in advance so that they can plan throughout the period.

Reaping the harvest and the opening paths

Finalization and post production

Prizes

As we mentioned in the introduction of this module, the term Gincana is a reference to our childhood memories and to this format of play, which requires a lot of collective work, creativity and collaboration to get to the end. In the Monster Gincana there is not only one winner; winning, here, means that we go through the journey together. Originally in the Gincanas, the first one to complete the route is awarded a prize for the victory.
In the Gincana Monstra we will celebrate and reward ourselves with the exchanges, with the recognition, with our existences, our shared and acquired knowledge. To give even more materiality to this, we can use our creativity to create other prizes. If it is possible, we can exchange cards rewarding each other. Or create a pack of stickers with images and themes that make sense to that group, and that can be used to liven up the conversations in the group, even after the Gincana, helping to maintain this important space for the strengthening of this network. Many other things can be thought of for these prizes. The facilitators can think of something in advance and prepare the prizes during the Gincana such as stickers, pins, or they can propose to the participants to think together what they want to give and receive as prizes.

Work on the idea that the prizes are not rewards for participating in the Gincana, but resources that will walk with the participants, strengthening them from then on.

For Gincanas that have financial resources available, the prizes can be materials that strengthen the participating groups. During the initial interviews and along the way, gather information about what items and materials can strengthen the work and care in each group. We suggest, in this case, that the awards be customized according to the groups' needs. We are multiple and with our particularities, and we base ourselves on equity, there is no need for the awards to be identical to each participant, rather we should respect the contexts in which the groups are inserted and the local realities. Think about opening thoughtful and dedicated conversations. Think not only of material items but also of services. One group may for example need a mobile phone, another may need an external hard drive, while another may need professional guidance of some sort.

During the Gincana the facilitators can organize information such as addresses, the possibility of delivery either physically or via carriers and couriers. Also, the facilitators can organize the needs

and desires and think about how to make the deliveries as close as possible to the end of the Gincana. Some attention is needed to make this process happen throughout the lifetime of the Gincana, considering that this can generate work beyond the sessions and meetings. If possible, think about creating a group of facilitators or collaborators that will be responsible for thinking, creating and, if necessary, buying and distributing the prizes.

Maintaining communication spaces and keeping the network alive

The Monster Gincana methodology is based on building networks of feminist solidarity, so one of the general goals is that at the end of the journey and after that, the network built alongside the process can be maintained.
The spaces created for the exchanges brought up during the Gincana can be used as safe spaces for the participants to maintain their connections and exchanges, not only on themes related to digital care, but also exchanges that can help the work developed by them and their collectives.

It is important that the facilitators organize themselves after the end of the Gincana to follow up and feed these spaces, if necessary. Keeping a healthy routine of sharing interesting content can be a good way.
Sharing new experiences that are of interest to the group and inviting them to reflect together about certain situations or inspirations are also strategies to keep the group alive. These spaces can be very valuable for participants who are interested in continuing to replicate the Gincana Monstra methodology or who are facilitating digital care sessions in their groups and collectives, thus functioning as places of learning.

At the end of the Gincana, it is quite possible that the participants will have already appropriated these spaces for more sensitive exchanges and as places of collective care. At this point it may be interesting to give the participants the freedom to decide whether or not to remain in these spaces, to review the agreements for the functioning of the groups, such as the entrance or not of new people or the type of content to be shared, and to continue exercising collective construction.